



Northern Virginia
DENTAL SOCIETY

ADA



Local Speakers Seminar

Friday, February 26, 2027, at the Fairfax Marriott at Fair Oaks

11787 Route 50, Fairfax, VA 22033

Registration: 8:00-8:30 am Program: 8:30 am-4:30 pm

Full Day In-Person Course • 6 CE Credit Lecture Hours • Business Attire



Basma Armanious, DMD
"High-Speed Handpieces & High-Speed
Reactions: Inner Child in the Operatory"



Moe Hakim, DDS, MBA
"Contemporary Management of TMJ
Arthropathies"



Lynda Dean-Duru, DMD
Krystle Dean-Duru, DDS
"Beyond Expansion: Integrating Airway,
Function & Growth in Pediatric Dental Care"



Ali Nosrat, DDS, MS, MDS
"Instrument Separation: From Panic
to Proper Management"



Scott Berman, DDS, MS, ABO
"Why Real Estate Should Be Part of
Your Investment Portfolio"



Shan-Huey (Erin) Yu, DDS, MS
"Implementing the 2017 AAP/EFPP
Periodontitis Classification for
Personalized Patient Care"

We encourage you to register online at www.nvds.org.

PROGRAM REGISTRATION FORM • Friday, February 26, 2027 • Local Speakers Seminar

Dentist Name

E-Mail

A unique email is required for each registrant

Staff Member

E-Mail

Staff Member

E-Mail

Phone

*If additional registrants,
please submit on a separate sheet.*

Credit Card Number

Name on Credit Card

TOTAL \$

Expiration Date /

Billing Zip Code

Verification Code

Save this payment method for future use? ☐

	Early Bird Fee Register by 1/26/2027	Regular Fee After 1/27/2027
Dentist - NVDS Member	\$175	\$185
Dentist - NVDS Retired Member	\$145	\$155
Dentist - ADA/VDA Member	\$275	\$285
Dentist - Non-ADA Member	\$650	\$650
Member's Auxiliary / Office Staff	\$135	\$145

Registration fees are per person and
include breakfast and lunch.

* An additional \$30 late fee will be applied after 2/19/27

All registrations will be confirmed by email.

Reservations must be received by close of business 2/19/2027. Register early! Space is limited.

If paying by check, make payable to the Northern Virginia Dental Society.

Mail the form and payment to NVDS, 4330 Evergreen Lane, Suite N, Annandale, VA 22003.

You can also fax (703) 750-2261, email info@nvds.org, or call (703) 642-5298.

Cancellations for this live event must be received in writing 7 days prior to the program. No refunds are made for cancellations made beyond this time. Northern Virginia Dental Society is an ADA CERP-recognized provider approved by Virginia Dental Association. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. NVDS designates the above activities for the number of continuing education credits listed above. Concerns or complaints about a CE provider may be directed to the provider or to ADA CERP at www.ada.org/cerp. Approved PACE program provider, FAGD/MAGD credit 4/1/23 until 3/31/2027 ID#212489. Approval does not imply acceptance by any regulatory authority or AGD endorsement. The local speakers have no financial relations relevant to this course to disclose. While NVDS strives to present highly qualified speakers, it does not endorse any speaker content, products, or techniques, and makes no guarantees about the information shared in CE programs. Please contact Erin Matlock with questions at (703)642-5298 or ematlock@nvds.org.



Basma Armanious, DMD – “High-Speed Handpieces & High-Speed Reactions: Inner Child in the Operatory”

Most professionals believe they show up to their work guided by training, experience, and expertise. While this is true, there is often a less visible influence shaping reactions, communication, and decision-making: the inner child. This course explores how early emotional experiences form patterns that can resurface in high-pressure professional environments—impacting how individuals respond to feedback, manage conflict, and relate to others. Participants will learn to recognize common signs of these patterns, understand the connection between past experiences and present reactions, and develop practical strategies to respond more intentionally rather than react automatically. Through a combination of psychological insight and actionable tools, this session provides a grounded, accessible approach to improving emotional awareness, strengthening professional relationships, and enhancing overall well-being in demanding work environments.

Scott Berman, DDS, MS, ABO – “Why Real Estate Should Be Part of Your Investment Portfolio”

Dentists are typically familiar with traditional investment options such as stocks, bonds, and retirement plans, but many may be less familiar with real estate as an investment strategy. Real estate can offer opportunities for capital appreciation, ongoing cash flow, portfolio diversification, and potential tax advantages, including depreciation. This session will introduce dentists to the fundamentals of real estate investing and explore how it may complement a broader financial and retirement strategy. The presentation will address considerations for dentists at different career stages, including the potential benefits of a longer investment horizon for younger dentists seeking capital appreciation and opportunities for established dentists to generate cash flow as they approach or enter retirement. Attendees will gain a better understanding of real estate as an investment option and factors to consider when evaluating whether it may be appropriate for their individual financial goals.

Lynda Dean-Duru, DMD and Krystle Dean-Duru, DDS –

“Beyond Expansion: Integrating Airway, Function & Growth in Pediatric Dental Care”

Airway, craniofacial growth, oral function, and orthodontics are often treated as separate clinical concerns, yet in the growing child they are closely interconnected. This session presents a pediatric dental framework for understanding how structure, function, behavior, and development influence facial growth and orthodontic outcomes. Attendees will explore how nasal breathing, tongue posture, swallowing, chewing, breastfeeding, oral restrictions, and sleep-disordered breathing can affect the developing face and dentition. The session will emphasize practical clinical reasoning, including what dental teams should recognize, which questions to ask, and how to identify signs of airway and growth dysfunction across developmental stages from infancy through adolescence. Through clinical examples, case discussions, and screening tools, participants will also examine the roles of dentists, orthodontists, myofunctional therapists, ENTs, lactation consultants, and other providers. The goal is to help dentists take a more integrated, collaborative approach to evaluating and supporting the growing child.

Mohamed Hakim, DDS, MBA – “Contemporary Management of TMJ Arthropathies”

After introducing the orthopedic approach to the temporomandibular joint to members of NVDS, this lecture will take the discussion one step further by presenting an updated classification of intra-articular TMJ pain and dysfunction. The session will review three evidence-based intra-articular interventions used at the International Center for TMJ and Jaw Surgery, along with current outcome data, including office-based advanced TMJ arthroscopy. The goal is to help dentists and dental specialists peel back one more layer of the broad TMJ umbrella and better understand which treatments may benefit their patients, when to refer, and why.

Ali Nosrat, DDS, MS, MDS – “Instrument Separation: From Panic to Proper Management”

Instrument separation/fracture during root canal treatment is perhaps one of the most stressful experiences for any dental clinician. Once the separation takes place the entire dynamic of case management, from strategies to complete the root canal treatment to follow ups and prognosis, could change. The focus of this lecture is on how to manage cases with instrument separation, from the moment of fracture till the end of follow ups. The presentation is based on true cases managed in our endodontic specialty practice through several different strategies: follow up only, non-surgical retreatment, surgical treatment, and extraction. Cases are documented with 2D and 3D radiographs and clinical photos.

Shan-Huey (Erin) Yu, DDS, MS – “Implementing the 2017 AAP/EFP Periodontitis Classification for Personalized Patient Care”

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Supporting Exhibitors:

