



**Northern Virginia**  
DENTAL SOCIETY

**ADA**



**Steve Carstensen, DDS**

## "How Sleep and Breathing Problems Are Found and What Is Done to Treat Them"

**Friday, June 6, 2025**

**\* Falls Church Marriott Fairview Park \***

**3111 Fairview Park Dr, Falls Church, VA 22042**

**Registration: 8:00-8:30 am Program: 8:30 am-4:30 pm**

**Full Day In-Person Course • 6 CE Credit Lecture Hours • Business Attire**

### Synopsis:

Your patients come to you for dental health care, but nothing you do as a dentist is unrelated to how they breathe. When people have troubles breathing, it affects sleep and every part of their physiology. Dentists have a specific and vital role in helping people discover, diagnose, and treat their airway / breathing problems. This talk will enable you to find those patients at risk, understand how to link your dental health findings to those breathing problems, and address total health with each patient. This approach is different for every stage of life. Everyone in the dental office will be able to engage patients at a new level.

### Course Objectives:

- Know what to do when the screening shows they are at risk
- Outline treatment options for patients - from children to adults
- Link common dental problems to an underlying breathing disorder

**PROGRAM REGISTRATION FORM • Friday, June 6, 2025 • Steve Carstensen, DDS**

We encourage you to register online at [www.nvds.org](http://www.nvds.org).

Dentist Name  E-Mail

*A unique email is required for each registrant*

Staff Member  E-Mail

Staff Member  E-Mail

Phone

*If additional registrants, please submit on a separate sheet.*

Credit Card Number

Name on Credit Card

Expiration Date  /

Billing Zip Code

Verification Code

*Registration fees are per person and include breakfast and lunch.*

Dentist – NVDS Member	\$160.00
Dentist – NVDS Retired Member	\$130.00
Dentist – VDA/ADA Member	\$265.00
Dentist – Non-ADA Member	\$650.00
Member's Auxiliary/Office Staff	\$125.00 each
Late Fee	\$30.00 (registrations after 5/30/25 if accepted)

**TOTAL \$**

**All registrations will be confirmed by email.**

**Reservations must be received by close of business 5/30/2025. Late registrations may not be accepted.**

**If paying by check, make payable to the Northern Virginia Dental Society.**

**Mail the form and payment to NVDS, 4330 Evergreen Lane, Suite N, Annandale, VA 22003.**

**You can also fax (703) 750-2261, email [ematlock@nvds.org](mailto:ematlock@nvds.org), or call (703) 642-5298.**

Cancellations for this live event must be received in writing 7 days prior to the program. No refunds are made for cancellations made beyond this time. Northern Virginia Dental Society is an ADA CERP-recognized provider approved by Virginia Dental Association. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. NVDS designates the above activities for the number of continuing education credits listed above. Concerns or complaints about a CE provider may be directed to the provider or to ADA CERP at [www.ada.org/cerp](http://www.ada.org/cerp). Approved PACE program provider, FAGD/MAGD credit 4/1/23 until 3/31/2027 ID#212489. Approval does not imply acceptance by any regulatory authority or AGD endorsement. Steve Carstensen has no financial relations relevant to this course to disclose. Please feel free to contact NVDS, Erin Matlock with any questions at (703) 642-5298 or [ematlock@nvds.org](mailto:ematlock@nvds.org).



### About Our Presenter:

Steve Carstensen, DDS, has treated sleep apnea and snoring in Bellevue, WA since 1998. He's the Consultant to the ADA for sleep-related breathing disorders and heads the ADA's Children's Airway Initiative. He trained at UCLA's Mini-Residency in Dental Sleep Medicine and is a Diplomate of the American Board of Dental Sleep Medicine. He lectures internationally and directs sleep education at Airway Technologies and the Pankey Institute, in addition to advising several other sleep-related manufacturers. In 2014 he helped found Dental Sleep Practice Magazine and currently serves as Chief Dental Editor. He has written chapters for several related textbooks. In 2019, A Clinician's Handbook for Dental Sleep Medicine, written with a co-author, was released. The second edition is soon to be published by Quintessence. The AADSM awarded him the 2023 Distinguished Service Award.

### Supporting Exhibitors:

