



Northern Virginia
DENTAL SOCIETY

ADA

Audrey Yoon, DDS, MS



"Dental Insurance in a Day for the Team"

Friday, March 6, 2026
Fairfax Marriott at Fair Oaks

11787 Lee Jackson Memorial Hwy., Fairfax, VA 22033

Registration: 8:00-8:30 am Program: 8:30 am-4:30 pm

Full Day In-Person Course • 6 CE Credit Lecture Hours • Business Attire

Course information, including the speaker's biography, course description, and objectives, are available on the other side of this form and on the NVDS website at www.nvds.org.

PROGRAM REGISTRATION FORM • Friday, March 6, 2026 • Audrey Yoon, DDS, MS

We encourage you to register online at www.nvds.org.

Dentist Name E-Mail

A unique email is required for each registrant

Staff Member E-Mail

Staff Member E-Mail

Phone

If additional registrants, please submit on a separate sheet.

Credit Card Number

Name on Credit Card

TOTAL \$

Expiration Date /

Billing Zip Code

Verification Code

Save this payment method for future use? ☐

Register Early & Save!

	Early Bird Fee Register by 2/6/2026	Regular Fee After 2/6/2026
Dentist - NVDS Member	\$165	\$175
Dentist - NVDS Retired Member	\$135	\$145
Dentist - ADA/VDA Member	\$265	\$275
Dentist - Non-ADA Member	\$650	\$650
Member's Auxillary / Office Staff	\$130	\$140

Registration fees are per person and include breakfast and lunch.

** An additional \$30 late fee will be applied after 2/27/2026*

All registrations will be confirmed by email.

Reservations must be received by close of business 2/27/2026. Late registrations may not be accepted.

If paying by check, make payable to the Northern Virginia Dental Society.

Mail the form and payment to NVDS, 4330 Evergreen Lane, Suite N, Annandale, VA 22003.

You can also fax (703) 750-2261, email ematlock@nvds.org, or call (703) 642-5298.

Cancellations for this live event must be received in writing 7 days prior to the program. No refunds are made for cancellations made beyond this time. Northern Virginia Dental Society is an ADA CERP-recognized provider approved by Virginia Dental Association. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. NVDS designates the above activities for the number of continuing education credits listed above. Concerns or complaints about a CE provider may be directed to the provider or to ADA CERP at www.ada.org/cerp. Approved PACE program provider, FAGD/MAGD credit 4/1/23 until 3/31/2027 ID#212489. Approval does not imply acceptance by any regulatory authority or AGD endorsement. Audrey Yoon, DDS, MS, has no financial relations relevant to this course to disclose. While NVDS strives to present highly qualified speakers, it does not endorse any speaker content, products, or techniques, and makes no guarantees about the information shared in CE programs. Please contact Erin Matlock with questions at (703)642-5298 or ematlock@nvds.org.



Course Information:

Synopsis: Sleep-disordered breathing (SDB) significantly impacts overall health and has garnered considerable attention over the past decade. Dentists play a crucial role in screening and managing this condition. This presentation by Dr. Audrey Yoon will highlight the dentist's role in addressing SDB, providing an overview from an orthodontist's perspective. Dr. Yoon will briefly cover oral appliance therapy, including recent updates, and present clinical guidance on craniofacial growth patterns across different age groups for children, emphasizing the importance of timely intervention. Detailed insights into the phases of craniofacial growth and development will be provided, illustrating how therapeutic appliances can influence growth patterns. By tailoring strategies for each developmental stage, dental professionals can maximize treatment efficacy and promote healthy craniofacial development. Dr. Yoon will also showcase the most updated cutting-edge technology, such as the custom 3D miniscrew-assisted palatal expansion technique, which can alter craniofacial structures for patients of all ages. Educating patients about the importance of addressing SDB and advocating for increased recognition of the dentist's role among healthcare providers and the general public is essential. This presentation aims to equip dentists with the knowledge and tools necessary to actively manage sleep-disordered breathing, emphasizing the importance of timely intervention and interdisciplinary collaboration to improve patient outcomes.

Course Objectives:

- Define dentist's role in identifying, screening, & co-managing patients with sleep-disordered breathing (SDB).
- Understand craniofacial growth stages and how early intervention can influence airway development.
- Integrate advanced therapies such as oral appliances and 3D miniscrew-assisted palatal expansion into clinical care.
- Encourage interdisciplinary collaboration and improve patient communication to enhance SDB outcomes.

About Our Presenter: Dr. Audrey Yoon is a dual-trained orthodontist and pediatric dentist who specializes in sleep medicine. She is currently a Clinical Professor of Stanford Sleep Medicine Center at Stanford University and an Assistant Professor in Orthodontics at University of Pacific. She has established World Dentofacial Sleep Society and serves as a founding president. She founded Pacific Ortho-Dental Sleep Medicine Fellowship at University of Pacific and serves as a program director. She is a board of director at Edward H. Angle Society of Orthodontists, Northern California, a board of Director at California Sleep Society and International Board of Director at the Korean Association of Dental Sleep Medicine. She is also a diplomate of the American Board of Dental Sleep Medicine and a diplomate of the American Board of Orthodontics. She completed her orthodontic and pediatric dentistry residencies at the University of California Los Angeles (UCLA). She first earned her Doctor of Dental Surgery at Seoul National University and earned her another Doctor of Dental Surgery and Master of Science degree, completing extensive research in Obstructive Sleep Apnea (OSA) at UCLA. She practices the full scope of non-surgical and surgical orthodontics from pediatric to geriatric population for airway management including growth modification, pediatric palatal expansion, customized Miniscrew-Assisted Rapid Palatal Expansion (MARPE), Distraction Osteogenesis Maxillary Expansion (DOME), Orthodontic treatment for Maxillomandibular Advancement (MMA), clear aligner therapy and oral appliances for sleep apnea.